

Books by Penelope Willis

*Calming Stories for Little People*

# Little Moments of Wonder

A GENTLE  
HALF-TERM  
ACTIVITY PACK

Noticing the magic in everyday moments.

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# My Nature Walk



Take a slow and gentle walk in nature.

See what you can find!

Tick the things you spot along the way.



A pretty flower



A green leaf



A smooth stone



A feather



A bug or insect



A bird



A tree



Something that smells lovely

Something tiny



Something that makes you smile



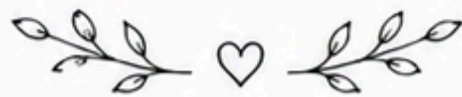
Nature is full of little wonders  
if we take the time to look.



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# Cloud Spotting



Look up at the sky and see what you can find.

Tick the clouds you spot.

**Fluffy Cloud**

Soft and puffy  
like cotton wool.



**Long Cloud**

Stretched out  
like a big white scarf.



**Feathery Cloud**

Light and wispy  
like a feather.



**Big Tower Cloud**

Tall and grand,  
reaching up high.



**Cloud That Looks Like Something**

Can you see an animal,  
a face or something fun?



**Your Favourite Cloud**

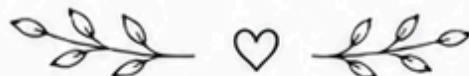
The one you like  
best of all.



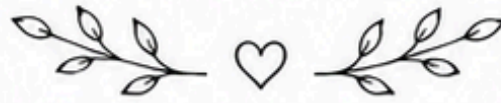
Every cloud is a little reminder  
to slow down and wonder.



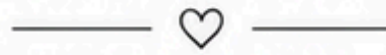
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# Kindness Counts



Kindness is all around us.  
Tick the kind things you can do today.

- Say something kind.
- Help someone.
- Share with a friend.
- Listen to someone.
- Hold the door open.
- Write a kind note or draw a picture.
- Give someone a smile.
- Look after something or someone.
- Say thank you.
- Be kind to yourself.




 No act of kindness is ever too small.  
 Together, they make the world a better place.
 





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# What Made You Smile Today?



Big things, small things, silly things...

They all count.

Draw or write about what made you smile today.



One thing that made me smile: \_\_\_\_\_



Another thing that made me smile: \_\_\_\_\_



Something small but special: \_\_\_\_\_



Happiness is all around us.  
Let's notice more of it, every day.



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# Listen Closely



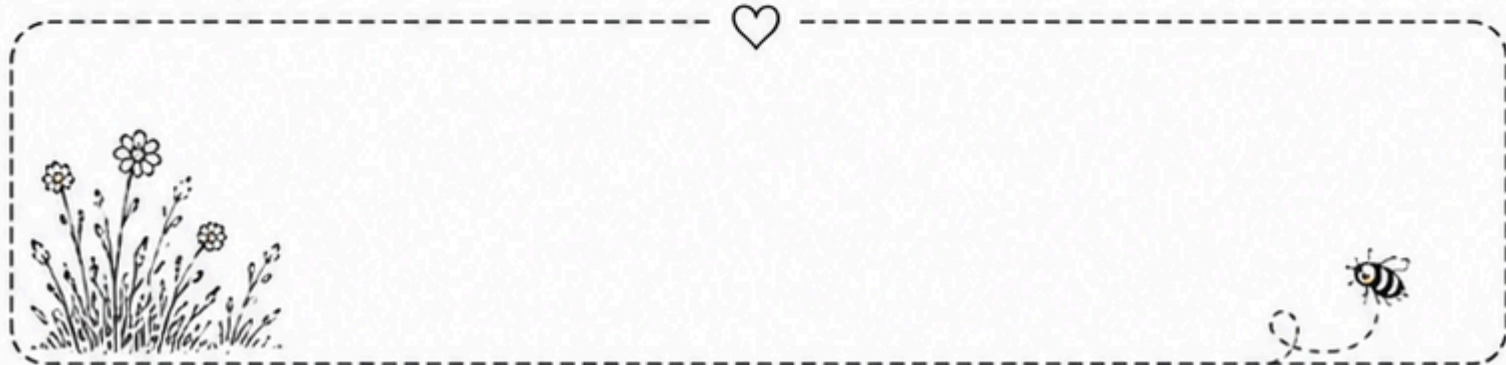
Take a moment to be still and listen to the world around you.  
Tick the sounds you can hear.

- Birds singing 
- Leaves rustling 
- The wind blowing 
- Children playing 
- Water flowing 
- A dog barking 
- A car or bike 
- People talking or laughing 
- Insects buzzing 
- Something else 



What was your favourite sound today?

♥



♥      When we listen closely,      ♥  
we notice the magic in everyday moments.



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# Take Story Time Outside



Stories feel even more magical outside.  
Find a cosy spot and share a story together.

Read under a tree



Read beside a window



Read with a teddy



Read wrapped in a blanket



Read your favourite page twice



Listen to birds while you read



Talk about your favourite part



Choose a story that makes you feel calm



Some of childhood's most comforting memories begin with a story.



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# Colour Your Own Moment



What is a moment that makes you feel happy, calm or proud? Draw it here and colour it in.

It could be a place, a person, an animal or something you love to do!



Why is this moment special to you?

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Your moments matter.  
Celebrate the little things that make life wonderful.



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# About Penelope Willis

Penelope Willis writes calming stories for little people, filled with comfort, kindness, wonder and gentle emotional connection.

Inspired by childhood, nature, bedtime stories and the little moments that stay in our hearts long after childhood ends, her books are created to help children feel safe, soothed and understood.



PINTEREST

Penelope Willis Children's Author  
Calming Bedtime Stories



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with Penelope Willis



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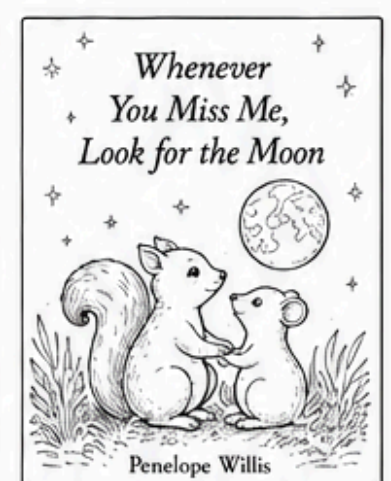
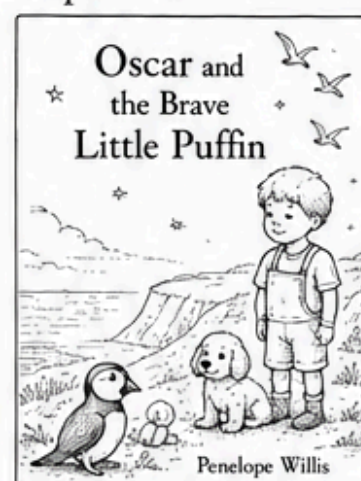
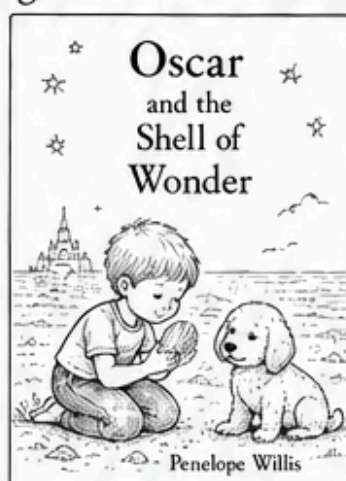
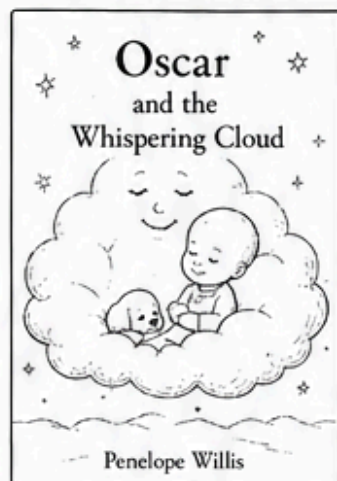
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Comforting stories for little people.



Thank you for being part of this gentle, wonderful community.

